

PEACHTREE ROAD UNITED METHODIST CHURCH ATLANTA, GEORGIA | PRUMC.ORG "I remind you to rekindle the gift of God that is within you, for God did not give us a spirit of fear but rather a spirit of power and of love and of self-discipline." II Timothy 1:6-7

Bible Study creates community, fosters deep scriptural conversation, promotes spiritual transformation, and rekindles the flames of our faith. No matter how much or how little you already know of the Bible, we hope you will join us this fall for one or more classes. Together, we will grow in the knowledge and love of God, seek to live as faithful disciples of Jesus Christ, and share the grace and hope of God with the world.



Register online by scanning the QR code, visiting *prumc.org/bible-study*, or by calling the church office at 404.266.2373.

# DISCIPLE BIBLE STUDIES

<b>Disciple I:</b> <b>Fast Track</b> Led by Ed Hamlin	Sundays 6:00 pm, C106 Starting Sep 8 24 weeks	<i>Disciple I Fast Track</i> enhances understanding through scholarly work, personal Bible study, and group discussions. It equally emphasizes the Old and New Testaments, highlighting the Bible's unity as God's revelation. The class meets for 12 weeks in the fall focusing on the Old Testament, takes a winter break, and resumes for 12 weeks in January for the New Testament.
Invitation to the Old Testament Led by Deidra Harrell	Sundays 5:00 pm, C104 Starting Sep 8 8 weeks	This study delves into the Old Testament's story of God and Israel, exploring Creation hymns, laws, wisdom teachings, prophetic warnings, and the poetry of the Song of Solomon. Participants will gain a deeper understanding and appreciation of the Old Testament as integral to the Bible, renew their sense of identity in God, and remember God's vision for all things.
Invitation to the New Testament Led by Deirdra Harrell	Sundays 5:00 pm, C104 Starting Jan 6 8 weeks	Explore the writings of the New Testament using the story of Jesus. This survey of the testament looks at how the early church took ownership of and was shaped by the ministry and life of Jesus, and how the church learned to develop as disciples, and create communities of faith.
<b>Disciple IV</b> Led by Rev. Geoff and Leigh Beakley	Sundays 6:00 pm, C102 Starting Sep 8 32 weeks	This study concentrates on Old Testament Writings, the Gospel of John, the Epistles of John, James, Jude, and finally, Revelation. Emphasis on the Psalms as Israel's hymnbook and prayer book leads naturally to an emphasis on worship in the study. Present throughout the entire study is the sense of living toward completion as pictured in Revelation – invitation, welcome, sheltering, security, and rest– <i>home at last</i> . Previous Disciple Bible Study (Disciple I, II, III) is recommended but not required.
<b>Invitation to Genesis</b> Led by Mason and Kelly Brannon	Sundays 5:00 pm, C101 Starting Sep 8 10 weeks	This study of Genesis explores the interactions between God and humans through stories of Creation, Noah, Abraham, Isaac, Jacob, Rebekah, and Joseph. By reading two chapters of Genesis each week, participants will encounter life-altering stories that invite them to follow Christ as true disciples.
<b>Jesus in the Gospels</b> Led by Jeff Upshaw & Wally Weeks	Wednesdays 6:30 pm, C106 Starting Sep 11 30 weeks	Join us to study the names, places, and people of the Gospels, encountering Jesus as depicted in Matthew, Mark, Luke, and John. This class aims to illuminate aspects of Jesus and connect Scripture to daily life while exploring His call to discipleship. It is divided between fall and spring semesters. Previous Disciple Bible Study (Disciple I, II, III, IV) is recommended, but not required.

### SHORT TERM STUDIES

<b>Deep Waters:</b> Unity in Difference: Shalom, Faith, and Politics Led by Chris Gabriel	Wednesdays 6:30 pm, C208 and Zoom Starting Sep 18 7 weeks	Chris Gabriel, reformed political junkie and PRUMC member will lead the Deep Waters Class in exploring how biblical principles and political engagement intersect. Why is it that well-meaning, thoughtful Christians seem to differ so greatly when it comes to American politics? Come to reflect, discuss and explore possible antidotes to the division, discord, and distress. We will seek hope and common ground through our faith in Jesus. Join this class in person or via Zoom at: https://zoom.us/j/87114727724.
Five Marks of a Methodist: Fruit of a Living Faith Led by Rev. Elizabeth Byrd	Mondays 12:00 pm, Zoom Starting Sep 9 4 weeks	In Five Marks of a Methodist, Steve Harper outlines five clear practices that confirm our identity as genuine and fruitful followers of Christ. Join Rev. Elizabeth Byrd to deep dive into these five marks: Love God, Rejoice in God, Give Thanks, Pray Constantly, and Love Others.
Five Means of Grace: God's Love the Wesleyan Way Led by Rev. Elizabeth Byrd	Mondays 12:00 pm, Zoom Starting Oct 7 4 weeks	The Means of Grace are spiritual practices that help strengthen our faith. Practices like prayer, reading the Scriptures, The Lord's Supper, Fasting, and Christian Conferencing help draw us closer to one another and closer to God. Join Rev. Elizabeth Byrd to explore <i>Five Means of Grace: Experience God's Love the Wesleyan Way</i> by Elaine A. Heath.
<b>A Faith of Many</b> <b>Rooms</b> Led by Rev. Darren Hensley	Mondays 6:30 pm, C106 Starting Sep 9 4 weeks	Jesus describes the reign of God as a house with many rooms. Debie Thomas' new book A Faith of Many Rooms: Inhabiting a More Spacious Christianity inspires a thought-provoking spiritual journey toward a roomier, more expansive faith and how to inhabit it with authenticity and joy.
<b>3 Practices for Crossing the Difference Divide</b> Led by Claire Bowen, Certified Circle Leaders, and PRUMC Clergy	Session I Sunday, Oct 6 12:30 - 3:00 pm Session II Sunday, Nov 3 12:30 - 3:00 pm	What do you do when you discover you are with someone who disagrees with you on politics or religion or important social issues? Most of us just do our best to avoid those conversations altogether. However, is there a better way? Is there a way of engaging with others who think differently than we do that honors Christ? <i>3 Practices for Crossing the Difference Divide</i> by Jim Henderson and Jim Hancock offers a process that seeks to do just that. The process focuses upon gaining clarity and understanding rather than agreement. These practices provide a framework so you can have healthy conversations on a variety of topics. This fall, our own Claire Bowen will offer a workshop to introduce you to this framework so you can learn to live by the three practices also. The workshop will be presented on two different dates, and you can choose the one more convenient to you. We hope this will help serve as a tool for you to use in the days to come.

## HEALTH & WELLNESS

<b>Midweek Yoga</b> Led by Rev. Emily Miles	Wednesdays 12:45 pm, C208 Starting Sep 18 8 weeks	Join us for this weekly class that will help you increase flexibility and strength. No experience is necessary.
Young Adult Walk & Talk Led by Rev. Emily Miles	Wednesdays 6:00 pm Chastain Park Starting Sep 11	Shake away your daily stress and step into a community of connection with <i>Walk &amp; Talk</i> at Chastain Park. Designed for young adults seeking physical activity and meaningful conversation, this walking group offers a refreshing blend of movement and camaraderie. Join us as we walk, talk, and build connections that nourish both body and soul.
Wellness Weekly With Rev. Emily Miles	Subscribe at prumc.org Starting Sep 9	Wellness Weekly is curated to provide you with short, digestible content for everyday wellness. This weekly resource will include short videos, reflections, and bite-sized wellness content for your mind, body and spirit. It's the perfect place to begin making steps towards wellness without feeling overwhelmed. Subscribe now to get a weekly dose of wellness content straight to your inbox!
The One Lamb Initiative	Learn more at 11amb.org	The One Lamb Initiative works to normalize and destigmatize mental health and addiction concerns in order to make mental wellness an ongoing conversation. Throughout the year, The One Lamb Initiative offers a wide array of events, classes, and programming opportunities for our PRUMC community. To learn more and get involved, please visit <i>1lamb.org</i> .

### ONGOING STUDIES

Stepping Stones	2nd and 4th Thursdays 10:30 am, A201	This class utilizes the Upper Room Disciplines, A Book of Daily Devotionals to structure their discussions. They follow a shared leadership model highlighting faith journeys as they relate to the Upper Room offerings.
<b>Journey Together</b> Led by Janice McGalliard and Rev. Leslie Watkins	Wednesdays 10:30 am, C106 Starting Sep 4 15 weeks	Sep 4 - Oct 9: <i>Revival: Faith as Wesley Lived It by</i> Adam Hamilton Oct 16 - Dec 11: <i>Deborah: Unlikely Heroes and the Book of Judges by</i> Sandra Richter Dec 18: Advent Reflections

# WOMEN'S BIBLE STUDIES

Grace Point: Study of Romans Led by Rev. Elizabeth Byrd and small group leaders	Thursdays 9:30 am, Harp Center Starting Sep 5 12 weeks	Women of all ages and stages of life are invited to join us as we study Scripture, renew our faith, and experience the grace of God together. Our goal is to build a community of women to support one another while uncovering the beautiful truth of God's word. This fall, we will study Paul's letter to the Romans. In it, we find encouraging yet challenging words that speak to our Christian faith. Come for coffee and fellowship beginning at 9:15 am and Bible study from 9:30 - 10:30 am.
More Than Sparrows: Nourished Led by Sarah Crossman Sullivan, Amy Dickie, Lezlie Welty	Wednesdays 9:30 am, Harp Center Starting Sep 11 10 weeks	Join us for an invigorating 10-week study on how Christ nourishes us. We will weave in the New Testament as we dive in to discover how to be full of His glory in this wild, hard, beautiful life. Each week you will receive inspiring emails with scripture readings. Our goal is to get you so filled with the awe-inspiring word of God that you are ready for the week ahead, and have anchors for the years ahead. Come just as you are for this welcoming class that empowers incredible connection with relatable, authentic, loving women. Coffee and childcare provided. Zoom link available for each class. Firm stop and start times.

Morning Light includes intergenerational groups of women who gather for community and Bible study:

Morning Light Led by Nancy Bell	Wednesdays 10:00 am Hospitality Suite	Starting September 11 Study of <i>Luke</i> by Lisa Harper
<b>Morning Light</b> Led by Jan Bilthouse	Wednesdays 10:00 am, C104	Starting September 11 Study of <i>Luke in the Land</i> by Kristi McLelland
Morning Light Led by Bonnie Copeland	Wednesdays 10:30 am, C205	Starting in October Study of <i>Luke in the Land</i> by Kristi McLelland

#### MEN'S BIBLE STUDIES

All men are invited to join one of our five weekly Bible study groups. In our small groups, we read the Bible together, attempt to discern God's truth, and determine how to apply it to our lives. Our discussions help us grow closer to God and encourage us in our faith. Each weekly fellowship discussion is topical and scripturally based. No preparation is necessary, come as you are able. For more information, contact Rev. Geoff Beakley at *geoffb@prumc.org*.

Men's Bible Study	Mondays 7:15 am, C106	Ages 40s - 50s. Led by Jeremy Garlington
Men's Bible Study	Wednesdays 7:00 am, C106	Ages 60s - 70s. Led by Rev. Geoff Beakley
Young Men's Bible Study	Thursdays 7:00 am, C106	Ages 20s - 30s. Led by Rev. Geoff Beakley
Men's Bible Study	Fridays 7:00 am, C106	Ages 50s - 60s. Led by Jeff Walker
Men's Bible Study	1st / 3rd Fridays 8:00 am, C104	Ages 40s - 50s. Led by Chris Blackmon

### ADULT SUNDAY SCHOOL

Adult Sunday School Classes

Sundays 10:00 - 11:00 am In a weekly small group, you can experience friendship, support and spiritual growth within the greater church community. Feel free to visit many different classes until you find the one that fits you best. For more information, please visit *prumc.org/adult-education*, or contact Elizabeth Byrd at *elizabethb@prumc.org*.



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